

Heraclitus on Religion

MANTAS ADOMĖNAS

ABSTRACT

The article sets out to reinterpret Heraclitus's views on religion and, by implication, his position in the context of the Presocratic philosophers's relationship to the Greek cultural tradition. It does so by examining the fragments in which Heraclitus's attitude to the popular religion of his time is reflected. The analysis of the fragments 69, 68, 15, 14, 5, 96, 93 and 92 DK reveals that the target of Heraclitus's criticism is not the religious practices themselves, but their popular interpretation.

from insight into the essence of being.² That is in spite of the explicit antagonism, on Heraclitus's part, to Xenophanes's intellectual enterprise (cf. fr. 40).

If we turn to Heraclitean scholarship, the dominating picture appears to be even more unequivocal. Heraclitus is credited with illuministic radicalism in matters of religion by Marcovich,³ whereas according to Kahn, "He is a radical, an uncompromising rationalist, whose negative critique of the tradition is more extreme than that of Plato a century later. [...] He denounces what is customary among men [...] as a tissue of folly and falsehood"; also, "in this polemic Heraclitus's predecessor is Xenophanes. . . ."⁴ Conche also sees in Heraclitus's thought continuation of Xenophanes's project: "L'absurde, la déraison des dieux de la religion populaire sont le revers et du dire et de la déraison, voire de la cruauté de l'homme, leur auteur. Cela avait déjà été indiqué, avant Heraclite, par Xenophane dans ses Silles."⁵

Why should the way Heraclitus related to the practices and beliefs current in the popular religion of his time be so important? At stake is, I propose, the relationship between philosophy *in statu nascendi* and one of the more important aspects of the Greek cultural tradition. Were all the early philosophic attempts characterised by emancipation from traditional piety, as the conventional opinion of scholars would have us believe? Or was there a more complex pattern in the relationship to traditional religion, represented by one of the most prominent proponents of the enterprise that had yet to define itself as "philosophy"?

In what follows, I shall provide an alternative interpretation of the fragments dealing with the rituals and cults of traditional Greek religion.⁶

² W. Burkert. *Greek Religion. Archaic and Classical*. Transl. by J. Raffan. Oxford: Basil Blackwell, 1985. P. 309.

³ Eraclito. *Frammenti*. Introduzione, traduzione e commento a cura di M. Marcovich. Firenze: La Nuova Italia, 1978. P. 284.

⁴ C.H. Kahn. *The Art and Thought of Heraclitus*. An edition of the fragments with translation and commentary. Cambridge University Press, 1979. P. 263, 266.

⁵ Heraclite. *Fragments*. Texte établi, traduit, commenté par M. Conche. Paris: PUF, 1986. P. 173.

⁶ This intention, as well as certain features of exegesis, notably of the fr. 5, are anticipated by Catherine Osborne's chapter on Heraclitus in the recent *Routledge History of Philosophy* (see *Routledge History of Philosophy*. Vol. I. *From the Beginning to Plato*. Ed. by C.C.W. Taylor. London & New York: Routledge, 1997. P. 90-95). However, in a way that will become apparent in the course of the present analysis, I disagree with her conclusion concerning the overall implications of Heraclitus's utterances on religion: "[Heraclitus] argues that [religious practices] make sense only

Most of the extant fragments of Heraclitus dealing with the forms of traditional Greek piety were quoted during the religious controversies concerning pagan religion, from the 3rd century AD onwards. Curiously enough, the fragments of Heraclitus were employed by both the opponents and the apologists of paganism. The authors who sought Heraclitus's support in that debate were Christian writers – Clement, Arnobius, Origenes, Gregory of Nazianzus, the author of *Theosophia Tubingensis*, Elias of Crete – as well as pagans: Iamblichus, Celsus, Apollonius of Tyana.

Looking at the fragments themselves one cannot avoid realising how exhaustive they are in representing popular Greek religious practices, the list whereof reads not unlike an attempt at systematic classification: sacrifices (fr. 69), mystery cults and initiation rites (fr. 14), worship of ef

and Kahn̄s

of medical activities: "Doctors who cut and burn complain that they do not receive the reward they deserve."⁸

The paradox that Heraclitus uncovers in medical activities is an instance of the governing structure of the "unity of opposites": medical activity appears as the paradoxical unity of both the disease and health; by inflicting pain (a characteristic of disease) it heals (i.e., removes pain). Similarly pain may be treated as a single phenomenon that extends over two contrary states: disease and health.

Exegesis of this fragment requires an answer to the following questions: Why is it the case that the actions which otherwise would be 'most shameless' are not such if they are performed for Dionysus? What is the reason for the identification of Dionysus with Hades? What is the connection between the Dionysiac rituals referred to, and this identification?

An attempt may be made to explain the identification of Dionysus with Hades in terms of Greek mythological

saito oì tv poi|onta 0They purify

tūnew dċ oġ pal aioġ

parf tEI l hsi yeoġ kaġ tūnew oġ nġoi; pal aioġ mċn oi n oġ perġ Krñnon, nġoi df
 oġ pf =kelġvn, kaġ ¶j °w mġxri tĊn =sx< tvn 2rĀvn: µ pal aioċw mċn l ġgei toċw dĊ-
 deka katf =kelġnouw, nġouw dĊ Diñnuson „Hrakl ġa fAskI hpiòn kaġ toċw l oi-
 5 poæw, oġw dġ p<ntaw sugxeġn Ēw prĀhn protrġpetai õ fil ñsofow,¹ kaġ tĒ
 perġ toætvn aġsrxĊw muyeunmena, toċw l l okñtow ¶rvtav aétĊn kaġ toċw eġw poi-
 kġl a eadh metasxhmatismoċw diĒ toċw aġsroċw kaġ =mpayeġw ¶rvtav, kaġ tĒw
 aġsrotġraw yusġaw, aāw yerapeæein toċw aétĊn yeoċw =ññmizon, oġw dia-
 paġzvn „Hr<kl eitow, Kayalrontai dġ, fhsġn, aāmati miainñmenoi Ēsper
 10 ' n eā tiw eġw phi òn =mbĒw phi Ò ponġzoito. tò gĒr toġw tĊn l ñgvn zġvn
 sĀmasġ te kaġ aāmasin, “ toġw yeoġw aétĊn prosġferon, oāesyai kayalrein
 tĒw tĊn ðġġvn svm< tvn kayarsġlaw tĒw =k tĊn musarĊn kaġ kay<rtvn
 mlġjevn =gkexrvsmġnaw aétoġw, =moiñn ge <kalb² tòn =k toē phi oē =mpepl as-
 (fol. 90^v) mġnon =æpon toġw sĀmasi phi Ò peir syai porf=æptein.

¹Scil. Hero ²kaġ ins. Bywater

As this text shows, Elias assumes that Heraclitus speaks about the immolation of sacrificial animals for the atonement of one's sins. He has some difficulties in explaining how the reduplication of *ōmudō* is to be understood – therefore he takes *ōmudō* to mean the impurity of the bodies polluted by sin in the first instance, and, somewhat allegorically, *ōbodies and blood of irrational animals* in the second instance. (It is also clear that he understands *miainñmenoi* in a half-participial sense: *They purify themselves by de ling / as they de le themselves with blood* – v. supra, n. 16.)

The author of *Theosophia*²² also understands Heraclitus' fragment as a reference to sacrifices: *†Oti „Hr<kl eitow memñmenow toċw yaōntaw toġw daġmosi ¶fh:* (the text of the fragment follows).

If, as Fršnel maintains (op. cit., p. 451), the original fragment of Heraclitus had *kayaġrontai df IIÄ aāmati miainñmenoi*, it explains the

onwards), transcrio112551017iw62n n ad

difference between the versions given by Theosophia and by Elias of Crete. Although it was possible (as Elias did – v. supra) to explain away the double occurrence of $\theta\mu\delta$, there is no sense, in the context of ordinary animal sacrifices, in which the reference to $\theta\theta\epsilon\rho$, $\theta\theta\upsilon\rho\theta\epsilon\rho$ ($\theta\theta\omega$) blood could have been understood. Therefore, it is quite plausible to maintain that the word $\theta\theta\alpha$ of the original text could be omitted by Elias (or his source) and corrupted into $\theta\theta\upsilon\omega$ by the author of Theosophia (or his source). This corruption makes better and more obvious sense in terms of the project of that section of Theosophia (§§ 67-74): the author is attempting to show that the Greek gods were held in contempt by some of the Greeks. Thus, the pejorative $\theta\theta\upsilon\omega$ $\theta\theta\iota\upsilon\alpha\iota\upsilon\alpha$ $\theta\theta\iota\upsilon\alpha\iota\upsilon\alpha$ would suit his purpose better. Besides, in some hands of the early Byzantine sloping uncial that would have been used for private notes the iota adscriptum in ALLVI could easily have been mistaken (or θ corrected θ) into sigma (thus resulting in ALLVS), ~~quite~~

It is useful to recall, in this connection, fr. 61: 0The sea is the purest
(kayarÂtaton)he

By saying that ōsuch a man would seem to be raving, if any among men should notice him doing it,ō Heraclitus postulates the difference between the perspective of ōmenō and that of ōgods,ō²⁵ drawing attention to the different meaning the same action acquires in profane and in ritual contexts.²⁶ The ritual practice, characterised by the structure of the ōunity of opposites,ō from a secular perspective has as much (or rather, little) sense as the washing of mud with mud – in the religious context, however, it is the structure of the unity of opposites that prevails and makes sense.²⁷

²⁵ One could point, in this context, to fr. 17B: $\epsilon\sigma\upsilon\omega\upsilon\omega\ \ \nu\upsilon\rho\ \ \acute{\alpha}\mu\iota\ \ 2\ \ \phi\varsigma$

(One should notice that in this fragment, as well as in fr. 15, Heraclitus repeatedly characterises the actions of the participants of the ritual as *manla*, thus drawing attention to the ambiguity inherent in the phenomenon. What appears to be *madness* from the secular perspective, acquires meaning as the embodiment, in the sphere of ritual, of the structure of the *unity of opposites*; and although those that take part in the Dionysiac processions are said to *rave* (*malnesyai*), it is not, after all, *most shameful* action, which it would be, were it not performed in honour of Dionysus. I shall return to discussion of the significance of *manla* in connection with fragments 92 & 93.)

So, the main conceptual scheme of Heraclitus' philosophy – the unity of opposites – is shown not only to be present in the rituals, but, in fact, to constitute the essential structure of the ritual action.

Fr. 5b – *καὶ τοῦτ' ἄμασι δὲ τούτοις ἐἴπονται, ὁκοῦν ἐὰ τι τῶν δῆμοισι ἰεσχηθεῖτο, οἳ τὶ γινῶσκον θεῶν ἠρώων ὁτινῶν ἐπι* – closely resembles the critique of popular religion and the attack on the veneration of images. However, the qualifying clause at the end of the fragment – *not knowing what gods and heroes are* – renders it unlikely that what is intended is unconditional censure.²⁸

The conventional translation runs as following: *And they pray to these images as if someone was chatting with houses, not knowing what gods and heroes are.* The very metaphor Heraclitus uses, likening images of gods to *houses* (*dēmoi*), testifies that what he has in mind is slightly different from the classic criticisms of idolatry (one such example would be the interpretation of Clement, who says that in this fragment Heraclitus *reproaches statues for their insensitivity* (*τῶν ναυσυλλαν ὀνειδίζοντων τοῦτ' ἄμασι, protrept. 50, 4*)). Instead of likening the statues of gods to lifeless stones or pieces of wood (as was the habit of the Christian writers that drew on Isaiah 44, 9-20), Heraclitus speaks of *houses* – he seems to imply a distinction between the *house* and the *inhabitant* that is in a certain way related ~~that~~

hoi polloi, then, seems to consist in the failure to distinguish gods that are in some – as yet unspecified – way related to, and accessible through, their images, from the images themselves. The ultimate qualifying clause confirms the suggestion that the object of Heraclitus' critique is some failure to recognise what gods and heroes are. Since, however, the fragment, apart from this negative observation, does not specify their nature (and there is no reason to suppose it ever did), the present reading seems to end in a certain hermeneutic impasse. Thus the hypothetical reader is referred back to the metaphorical comparison that occupies the central position in the fragment – ὁκοῖον ἐὰ τιῶν δῆμοισι ἰεσχηθεῖτο – for the explanation as to what gods and heroes are. Can this analogy shed any further light as to why prayers to statues are a sign of ignorance?

I suggest that it is at this stage, on a deeper scrutiny, that an alternative meaning of the phrase ὁκοῖον ἐὰ τιῶν δῆμοισι ἰεσχηθεῖτο is activated: it can also be plausibly translated 'as if someone was having a conversation at home'.²⁹ After all, τιῶν δῆμοισι can quite naturally be read in a locative sense.

How plausible is this scenario of reading? The validity of the first way of reading is confirmed by the fact that it is adopted by the ancient authorities that are our sources of the fragment – by Celsus, Origenes, and, in all likelihood

in terms of the opposition *j unñn* (*koinñn*) vs. *àdion*, which is of cardinal importance for Heraclitus (see fr. 2, 89, 72, 1, 17, 113, 114), and which can be somewhat imprecisely translated as that of *universal* vs. *private*, when by *private* is meant the privation of truth, the seclusion of ignorant humans from what is universal. (The particularity of their own illusory worlds is described as sleeping and having dreams in fr. 1, 89, 73 (and probably 26). The seclusion of the multitude from the universal truth of Logos is likened to the privation of the common world of experience caused by deafness (fr. 34) and (Homer's) blindness (fr. 56, by implication). It is probable that *being at home* in fr. 5b is yet another – *political* – metaphor for seclusion from the *j unñn*.) On this reading, the prayer to the statues entails certain confusion between what is universal and what is *private*, or particular; apparently, it is a case when behaviour that is proper *vis-à-vis* what is universal is conducted in a situation that is

the rare word $\gamma\rho\alpha\mu\alpha\iota \theta\tau\omicron \sigma\iota\theta\acute{\omicron}$, cf. Philetas, fr. 14 ap. Athen. V, 192 e),³⁴ or, better still, of its Ionic form $\gamma\rho\epsilon\eta\mu\epsilon\nu\omicron$.)³⁵

To return to Heraclitus' discussion of the religious images, could the reason for the condemnation of the prayers to statues be that those who pray to statues address gods that are omnipresent, $\chi\upsilon\nu\omicron\iota$, in a particular, in this-or-that statue, deeming it to be more privileged with access to the deity over other places or things, not realising that what they address in their prayers is but what an empty house is to someone who is looking for its inhabitant? In such case they would indeed be like someone who tried to have a public conversation in the seclusion of their home.³⁶

In this fragment we get closest to what could be termed a critique of the religious practices. Yet failure to recognise, and seclusion from, the universal $\log\omicron\varsigma$ that is always at hand is a common predicament of the ignorant multitude (cf. fr. 1, 72, 17, 2 et al.). Thus it would seem

a deeper meaning that can be described in terms of Heraclitus' own philosophy.

Fr. 96 – $\eta\kappa\upsilon\epsilon\omega\ \kappa\omicron\pi\rho\lambda\upsilon\nu\ \mu\kappa\beta\iota\ \eta\tau\eta\tau\epsilon\rho\omicron\iota$ – has earned the title of 'a studied insult to ordinary Greek sentiment' from Dodds,³⁷ and many an interpreter has wondered why the dead body should excite such a fierce censure by

earth that functions as a medium of identification of dung with god is a later Epicharmean (?) addition in order to reduce Heraclitus' paradox into a comic absurdity). And finally, after the radical devaluation of body as such that has become a *locus communis* since Plato, it would not be surprising if the same sentiment was read into Heraclitus' fragment, simultaneously failing to notice its paradoxical content, and only its memorable opening was transmitted through quotations.

It remains to discuss two fragments dealing with another aspect of popular religion – the practice of oracles and prophecy. Fr. 93 speaks of Apollo's oracle at Delphi: ὁ ναῖ οὐδὲ τὸ μαντεῖον ἔστι τὸ ἐν Δελφοῖσιν οἷε ἢ ἰκεῖ οἷε κρᾶπτεῖ ἢ ἔσθμαῖνεῖ. The lord whose oracle is in Delphi neither declares nor conceals, but gives a sign. Fr. 92 is the first extant mention of the Sibyl: Σῖβυλλὰ μαινομένη στῆματι γῆλαστα [καὶ καὶ ἄπιστα καὶ μαρῖστα] φεγγομένην χιλίων ἐτην ἠϊκνεῖται τῆσιν δι' ἑκατόντα ἔτη. The Sibyl with raving mouth utters things mirthless [and unadorned and unperfumed], and her voice carries through a thousand years because of the god (scil. that speaks through her).³⁸

Since Antiquity it has been assumed that in fr. 93 Heraclitus, describing the practice of the Delphic oracle, formulates a hermeneutic principle that is to be applied in order to understand his own oblique mode of communication which is, in its turn, grounded in the very structure of reality (fragments 56, 123, 54, m[(comD) 2,

elling reason to disbelieve him, in view of the consensus of other ancient authors quoting or alluding to this fragment (see fr. 75 a¹, b¹, c Marc.), in fr. 92 Heraclitus is contrasting the exterior aspect of Sibylline prophecies with the god-given truth they carry. Viewed from an everyday perspective the Sibyl

traditional forms of religion and the mythological representations that underlie them, Heraclitus treats religious practices as one of the human practices in which the structure of the *unity of opposites* operates (other such practices are healing (fr. 58), value choices (fr. 110-111), and the begetting of children (fr. 20)). He supplies a

It is the presence (and recognition) of the structure of ōunity-in-oppositesō that

life and death, and Apollo is a figure of the unity of truth (or prophetic insight) and madness (fr. 92), as well as of revelation and concealment (fr. 93). If we move to the higher order, the *gods* of the traditional worldview emerge as one of the elements of a more comprehensive opposition between *gods* and *humans* (frr. 53, 62; cf. frr. 30, 24). The opposition between *gods* and *humans* reaches its unity in the *Pñlemow*, one of Heraclitus' names for the ultimate reality that is described through employment of the traditional religious language (v. supra), and is apparently identified with the cosmic *god*.⁴¹ This ultimate unity of opposites unifies the most fundamental categories of existence (fr. 53) and of experience (fr. 67).⁴¹

Furthermore, if we accept the view that fr. 10 states the general principle of Heraclitus' theoretical procedure, and that the first pair of terms – *sunl l < ciew: ÷l a kañ oéx ÷l a* – could be interpreted as an attempt to describe the dialectical movement of thinking, whereby each newly comprehended *unity-of-opposites* constitutes simultaneously a *whole* (in the sense that it is internally complete structure) and *non-whole* (in the sense that it can be assumed into further synthesis, the previous *unity*5 (i) -25 (e)C

tices are continuous with the underlying theology. Heraclitus, on the contrary, is not a reformer or an Aufklärer, but an interpreter, who tries to discern the pattern inherent in the existing practices, and exploit it in the construction of his own philosophical theology.

Heraclitus finds in the traditional religious practices the expression of the logos, of the ontological and epistemological structure

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